

Intelligent hula hoop

Product instructions

If you want to be "her", you must have "it"



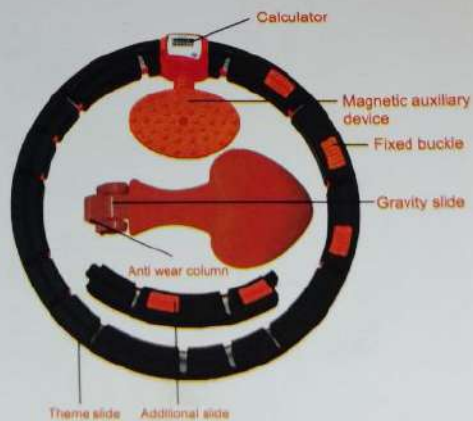
- Tighten the waist and buttock muscles
- Exercise waist fat
- Increase lumbar elasticity
- Create a beautiful waist and hip

Disclaimer

1. First use of the product requires 1 to 2 days of practice
2. Do not let children use
3. This product can not be disassembled and transformed by itself
4. please do not insert your fingers or other objects in order to avoid injury
5. Please make sure to use original accessories
6. If any abnormal phenomenon or fault is found during use, please stop using immediately and contact the dealer in time

Matters needing attention

1. The main belt has been installed, please do not remove the screws. The auxiliary belt is composed of small sections and can be adjusted
2. The protruding face of the weight hammer is facing up, on the contrary, if the calculator displays, it will not be calculated
3. ① opening ② take out hammer ③ remove
4. Please don't wear it too tightly on the waist under the navel



Product introduction

Product Name: hula hoop that won't fall

Material: special nylon material

Weight: about 1200g

Package size: 38cm x 38cm x 8.5cm

Users: Standard waistline can be used from 60cm to 108CM,
please contact the seller if you need to increase it

1 external package attached

1 theme slide (main belt)

1 calculator

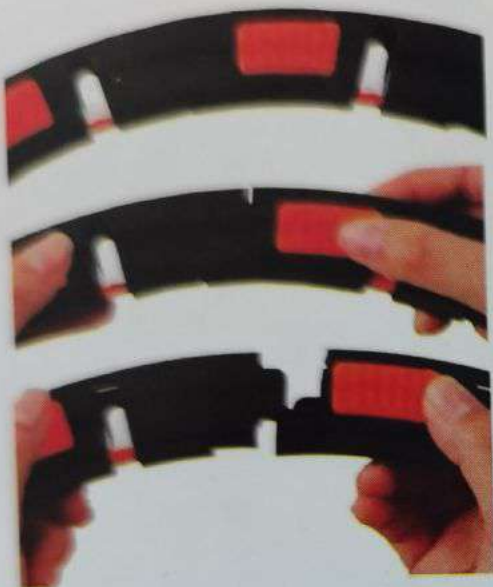
1 weight hammer

1 retractable massage board

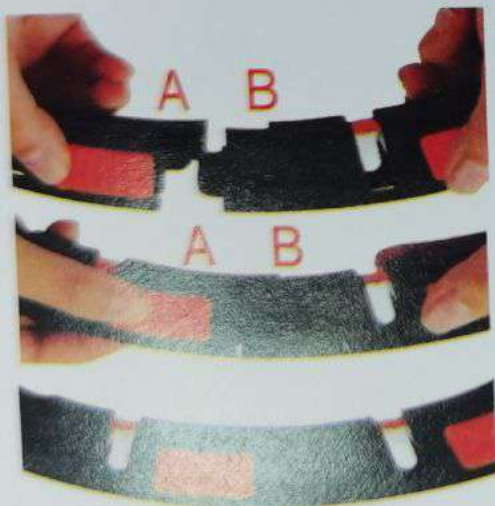
2 spare extension belts (sub-belt)



Instructions

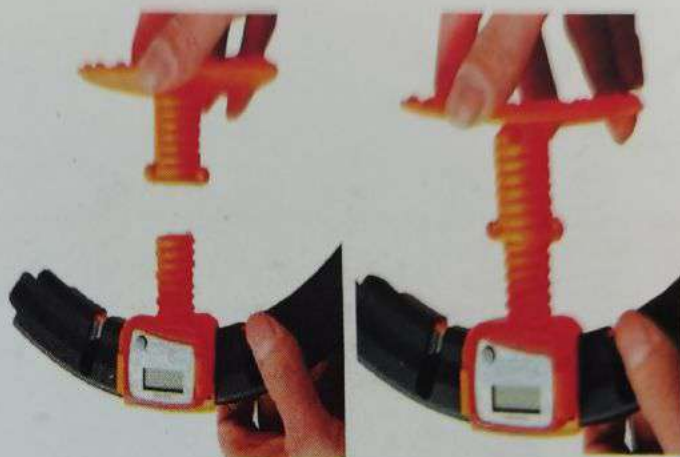


2. Opening mode: push the buckle backward and lift the other end up to open it



5. Close it, push the buckle backward, and press the other end down against the buckle, and then the buckle will be stuck forward

Instructions



3. Install the massager board, align and tighten the oval massager board thread, and fine tune according to the waist size



6. The extra track extension can be divided into 2 sections, which can be installed according to the waist size